Marchants Hill 2019

Year 6 Parent Meeting



Key information

Date: Monday 21st October to Friday 25th October 2019

Drop your children off from 8.30am as normal, bringing their bags through to the yellow room in the new block.

All medication (including inhalers) to be given to the teacher who is in charge of medication – Mrs Stephens. The white medical form must be completed and handed in with any items.

Money for the gift shop will also be collected in a named envelope (£3 maximum).

The coach will leave at approximately 2.45pm from the community car park.

Expected time of arrival home on Friday 25th is approx. 2.15pm.













What do they do?

Activities: abseiling, giant swing, mud challenge, zip wire, trapeze, orienteering, low ropes, initiative exercises, Jacob's ladder, aeroball, archery and fencing...

Evening activities: campfire, games, disco, treasure hunt...

This is a selection of past activities!

A typical day

7.15	9.00		11.00	1200	14.00-15.30		16.00	18.00-19.00	18.00-19.00	19.00 – 20.30
Breakfast	Activity One – i.e. fencing	Break	Activity Two – i.e. abseiling	Lunch	Activity Three – i.e. giant swing	Break	Activity Four – i.e. obstacle course	Free Time	Dinner	Evening Activity – i.e. disco



Where do they stay?

- Lodges
- In dorms of 4-6 bunk beds
- Ensuite
- We will confirm the rooms and their roommates on arrival

Food



- The children receive three hot meals a day and in addition, can choose bread along with items from a salad bar, with drinks and fruit in between if they wish.
- Different dietary requirements are catered for. Please speak to your child's class teacher prior to the trip regarding this if necessary.

Spending money

Children will have one visit to the Gift Shop where they can buy a souvenir if they wish.

Children are to bring in no more than £3. This will be collected on the morning of the trip and given to your child when they go to the shop at an allocated time. Please put in a labelled envelope and give to your child's class teacher.

Kit list:

- Suitable nightwear
- Underwear (lots of changes of socks)
- Trousers/leggings for activities
- Shorts (for some activities they will be required to wear trousers)
- One pair of old trainers and a change of shoes (walking boots, trainers)
- Pair of dry shoes for evening activities
- Fleeces/ jumpers (warmer clothing than you think they will need!)
- Long sleeve shirt/ t-shirt for activities
- 'Wet' clothes and 'wet' shoes (Rafting and Mud Challenge)
- Old towel for wet activities
- Labelled bin bag for wet and dirty clothing
- T-shirts
- Waterproof jacket
- Warm coat or similar
- Hat and gloves
- Sun hat
- 1 or 2 sets of clothes for the evening (Disco clothes may be needed but may not!)
- Towel for showering
- Plastic drinks bottle
- Sunscreen
- Small rucksack/ bag
- Wash bag including soap, shampoo and toothpaste
- Sleeping bag and pillow

Please label <u>everything</u> your child brings with their name and the school name.

Please don't bring:

- Mobile phones
- Electronics / computer games
- Jewellery / valuables
- Any sweets / chocolate / food / drinks

Medication

- If your child needs medication for travel, or for the week, please bring it to the adult in charge of medication in a named envelope/bag on the day of departure, along with the white medical slip in the pack.
- Any questions about medication, please speak to your child's class teacher.
- There are also trained first aiders at hand at Marchants Hill.
- If children need to take medicine whilst on the trip, there will be a designated adult to give this to them.
- If they are susceptible to headaches, allergies etc. and they have Calpol, please complete the white form and we will give it to your child without calling.
- If your child doesn't have medication but needs Calpol, we will call you if your child needs any.



Health and Safety

- PGL is run by qualified staff with an outstanding health and safety record.
- All activities are also attended by Hook Junior School staff.

Communication

- The school will let you know that we have arrived safely and if there are any changes to arrival back at school on the Friday.
- We will endeavour to provide occasional updates on the school Twitter account but please be aware – mobile signal is appalling so uploading photos is a challenge!
- Of course, in the event of an emergency we will contact you – otherwise please assume all is well!

Forms to return

Please return all forms and any final installments asap!

The white medical form is to be handed in on the morning of travel with medication needed.

Please can you make sure that you have signed in to say that you have received a pack.

Any Questions?

