



Hook Junior School PE and Sport Premium Report 2025–2026

Funding Allocation

PE and Sport Premium funding received: £20,790

Amount carried forward: £0

At Hook Junior School, we use the PE and Sport Premium funding strategically to improve the quality of physical education, increase participation in sport and physical activity, develop staff expertise and ensure that all pupils have access to inclusive sporting opportunities.

Our approach focuses on creating sustainable improvements by investing in staff development, increasing opportunities for pupils to be physically active throughout the school day and removing barriers to participation. We are proud to hold the Sports Games Gold Sports Mark.

How we used the funding and the impact

Area of spending	Amount	Impact
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PE leadership development and CPD	£3,920	PE subject leaders attended Hampshire PE network meetings to develop their knowledge of effective practice, current guidance and local priorities. Release time enabled PE leaders to model lessons, team teach and support colleagues, improving staff confidence and consistency in PE delivery across the school.
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Extra-curricular opportunities	£4,766	Funding supported a wide range of sporting opportunities beyond curriculum PE, including teacher-led football and netball team clubs. Pupils also attended a range of competitive, non-competitive and inclusive sporting events against other local schools, ensuring opportunities were available for pupils of all abilities. Inter-house competitions were also held for all children to have the opportunity to compete. These experiences developed confidence, teamwork, resilience and enjoyment of sport.
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Area of spending Amount Impact

Equipment and resources	£2,623	Investment in resources, including adaptive sports equipment for pupils with SEND and additional basketball nets and badminton nets, has increased opportunities for pupils to be physically active throughout the school day. The equipment has supported active play at breaktimes and lunchtimes, encouraged a wider range of pupils to participate in sport and reduced barriers for pupils requiring adaptations.
Membership and subscriptions	£200	Funding supported access to sporting opportunities through relevant sporting memberships and affiliations.
School Games Organiser network activities	£150	Funding supported participation in School Games activities and events, enabling pupils to take part in sporting experiences alongside other local schools, including entry to District Sports.
External school sports competitions	£150	Funding enabled pupils to participate in external competitions and festivals, developing confidence, teamwork and resilience through representing the school.
External coaching staff	£7,850	A specialist sports coach delivered structured lunchtime activities, increasing opportunities for pupils to participate in physical activity during the school day. This supported active play, positive social interaction and engagement from pupils who may not always participate in organised sport.
Swimming and aquatic opportunities	£1,131	Targeted swimming support was provided for pupils who had not yet achieved the expected standard, improving confidence, water safety skills and swimming attainment through additional sessions.

Total expenditure: £20,790

Meeting the PE and Sport Premium key indicators

1. Increasing confidence, knowledge and skills of staff

Funding has been used to develop the expertise of PE subject leaders and teaching staff.

PE leaders attended the Hampshire PE network meetings, providing opportunities to access current guidance, share effective practice and develop subject leadership.

Release time enabled leaders to support colleagues through lesson modelling, coaching and team teaching. This also included support from Hampshire Cricket and Kala the Arts to develop staff expertise and subject knowledge within cricket and cultural dance.

Impact:

- Teachers have increased confidence in delivering high-quality PE lessons.
 - Staff subject knowledge and understanding of progression in PE have improved.
 - Expertise has been embedded within the school, creating sustainable improvements beyond the funding period.
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2. Increasing engagement of all pupils in regular physical activity

The school has invested in opportunities that increase physical activity throughout the school day.

A specialist sports coach delivered structured lunchtime activities, providing pupils with additional opportunities to participate in sport, develop skills and engage positively with others.

Investment in new play and sports equipment, including basketball nets and badminton nets, has increased opportunities for pupils to be active during breaktimes and lunchtimes. These resources have encouraged pupils to participate in a wider range of activities and supported active, purposeful play.

Adaptive sports equipment has ensured that pupils with SEND can access physical activities alongside their peers.

Impact:

- More pupils engage in physical activity during breaktimes and lunchtimes.
 - Pupils have increased opportunities to develop sporting skills outside of PE lessons.
 - A wider range of pupils are participating in active play.
 - Barriers to participation have been reduced, particularly for pupils requiring adaptations so both PE lessons and active play are inclusive.
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3. Raising the profile of PE and sport across the school

Sport is valued and celebrated across the school community. Pupils have opportunities to represent Hook Junior School at a range of sporting events, developing pride, confidence and a sense of belonging.

Team kits have supported pupils to feel proud when representing the school and strengthened the identity of school teams.

The introduction of additional sports equipment, including basketball and badminton facilities, has also raised the profile of sport during less structured parts of the school day by encouraging pupils to participate in a wider range of activities.

Participation and achievements are celebrated through assemblies, newsletters, sports boards and wider school communications.

Impact:

- Pupils recognise the importance and value of PE and sport.
 - Participation in sporting opportunities has increased.
 - Pupils develop confidence when representing their school.
 - Sport is visible and valued throughout the school day.
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4. Offering a broader experience of a range of sports and activities

The school has provided pupils with a broad range of sporting experiences beyond curriculum PE.

Teacher-led football and netball team clubs provided opportunities for pupils to develop sporting skills and participate competitively regularly. In addition, pupils attended a range of **competitive, non-competitive and inclusive sporting events with other local schools**.

The introduction of basketball nets and badminton nets has further broadened the range of activities available to pupils at breaktimes and lunchtimes, allowing pupils to explore different sports and develop new interests.

These opportunities included:

- competitive fixtures and tournaments;
- festivals focused on participation and enjoyment;
- inclusive events where pupils of all abilities could experience success;
- dance workshops and performances at the Diwali festival and Gremlin Dance Challenge;
- opportunities to develop skills through active play and structured activities.

Impact:

- A wider range of pupils have accessed sporting opportunities.
- Pupils who may not traditionally participate in competitive sport have developed confidence and enjoyment.
- Pupils have experienced success through a variety of sporting experiences.

- Pupils have been encouraged to develop lifelong positive attitudes towards physical activity.
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5. Increasing participation in competitive sport

Funding has enabled pupils to participate in a range of sporting events with local schools, including competitive fixtures, tournaments and festivals.

The school has ensured that sporting opportunities are available for pupils with different interests, confidence levels and abilities. Alongside competitive events, inclusive and participation-focused activities have allowed more pupils to represent the school and develop a positive relationship with sport, to name a few: dance, gymnastics, team sports, orienteering and archery.

Impact:

- Pupils have developed resilience, teamwork and confidence.
 - More pupils have represented the school in sporting activities.
 - Pupils have experienced both competition and participation-based sporting opportunities.
 - Pupils understand that sport is about enjoyment, personal development and teamwork as well as competition.
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Inclusion and targeted support

The school has specifically targeted funding to improve opportunities for:

Pupils with SEND

Adaptive sports equipment has removed barriers and enabled pupils with SEND to participate fully in PE lessons, clubs and sporting activities alongside their peers. This has included attendance at targeted festivals and competitions for SEND pupils.

Pupils with long-term medical conditions

Resources and adaptations have supported pupils with additional needs to participate safely and confidently in physical activity.

Girls' participation

Funding has supported opportunities for girls to participate in PE, clubs and sporting events, ensuring that a broad range of activities are available to all pupils, with equal participation. The school has also led a competitive girls' football and netball team.

Disadvantaged pupils

Funding has supported access to clubs, competitions and sporting opportunities, ensuring that financial barriers do not prevent pupils from participating. In addition to inter-house competition, there have been targeted events for Disadvantaged children

to attend and compete externally for pupils who may not previously have had this opportunity outside of school.

Swimming outcomes 2025–2026

At the end of Year 6:

Swimming outcome	Percentage of pupils
Can swim competently, confidently and proficiently over 25 metres	77%
Can use a range of strokes effectively	77%
Can perform safe self-rescue in different water-based situations	100%

Impact of swimming funding

Targeted swimming provision supported pupils who required additional opportunities to develop their confidence, stamina and swimming skills.

As a result, pupils made progress towards meeting National Curriculum expectations, developed important water safety skills and improved their confidence in and around water.

Sustainability

The school has prioritised investment that creates long-term improvements.

Developing staff expertise through CPD, coaching and collaboration ensures that high-quality PE teaching continues beyond the funding period.

Investment in inclusive equipment, basketball nets, badminton nets and active play resources will continue to support pupils' physical activity, engagement and enjoyment of sport in future years.

Strong links with local schools, sporting networks and within the community will continue to provide opportunities for pupils to participate in competitive, non-competitive and inclusive sporting events.

Review date: July 2026