

Sex and Relationships Education Policy

Date reviewed:	February 2018	Date of next review:	February 2019
Committee responsible for review of policy:	Curriculum	Linked policies:	Equalities and curriculum policies Child protection policies PDL Curriculum overview

Overview

At Hook Junior School we aim to provide accurate information about, and increase understanding of, sex and relationship issues through a programme tailored to the age and physical and emotional maturity of the children; also highlighting the importance of keeping pupils safe in modern Britain, inside and outside of the school gates as they face unprecedented pressures posed by modern technology.

The statutory requirement of this programme is found within the PDL curriculum under the core themes of Health and Wellbeing and Relationships as outlined in Guidance from PSHE Association 2013. Additional guidance can be found within the Hampshire Children's Trust Sex and Relationships policy (November 2010). However, parents and carers have the right to withdraw their children from the non-statutory sex education programme. This withdrawal will be requested and confirmed through a formal letter to the Headteacher.

Children will be helped to reach their own informed opinions on a range of SRE issues, learning about their bodies and health and relationships. A particular emphasis is placed upon puberty and growing up, dealing with emotions and managing personal relationships, increasing their knowledge and understanding to enable them to make informed decisions and healthier life choices, which is linked to the wider PDL and Citizenship curriculum. SRE sessions also provide key opportunities to focus on keeping children safe and protecting them from abuse.

Responsibility for implementing the SRE Policy lies with class teachers, as directed by the PDL Leader, and ultimately with the Headteacher.

Responsibility for monitoring the SRE Policy lies with the PDL Leader. Monitoring is performed via discussion with class teachers, and by annually conferencing a selection of pupils to evaluate their understanding of the SRE curriculum.

Aims

Knowledge and Understanding:

- learning and understanding physical development and changes linked to puberty before they experience these changes for themselves;
- understanding emotions and relationships.

Attitudes and Values:

- learning the importance of values, individual conscience and moral considerations;
- learning the value of family life, as well as stable and loving relationships;
- learning the value of respect, love and care;
- exploring and understanding moral dilemmas.

Personal and Social Skills:

- learning to manage emotions and relationships confidently and sensitively;
- develop self respect and empathy for others;
- learn to make choices and to respect peoples' differences;
- develop an appreciation of the consequences of choices made;
- learn how to recognise and avoid exploitation and abuse.

Curriculum and procedures

Year 3

- To recognise ways in which a relationship can be unhealthy and who to talk to if they need support.
- Develop good relationships and learn to respect the differences between people.
- That differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability (see 'protected characteristics' in the Equality Act 2010)

Year 4

- Community and pressure groups, especially in relation to health and wellbeing
- To resolve differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices
- What positively and negatively affects their physical, mental and emotional health (including the media)
- How to make informed choices (including recognising that choices can have positive, neutral and negative consequences) and to begin to understand the concept of a 'balanced lifestyle'

Year 5

- To be aware of different types of relationship, including those between friends and families, civil partnerships and marriage.
- That their actions affect themselves and others.
- To judge what kind of physical contact is acceptable or unacceptable and how to respond,
- To listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people's feelings and to try to see, respect and if necessary constructively challenge their points of view.

Year 6

- that differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability (see 'protected characteristics' in the Equality Act 2010)

A range of issues will be also covered in PDL, with advice from the school nurse, including:

- appropriate and safe touching;
- how bodies will change through puberty;
- personal hygiene;
- relationships;
- Conception, pregnancy and birth.
- People who are responsible to help them stay healthy and safe.

Parents of Year 6 children are invited to a parents' information evening prior to the commencement of any sex education lessons, where they are able to view any materials used, and discuss the content of the lessons with the Year 6 staff.

Approvals

An optional reviewing summary / sign off. This shouldn't duplicate the content at the start of the document. Add additional lines as required.

Date Reviewed:	
Signed:	
Position	