

Hook School Judo Club



W e l c o m e

back to a Summer term of Judo 'back to normal'. Whilst we learn to live COVID, training safely remains our top priority and we will monitor and respond to COVID guidance.

My name is Martin Rance, I represent ProCoach Judo and deliver judo tuition within your school. I am a Judo Black Belt and full-time professional school Judo teacher able to motivate pupils to learn about judo in a fun and exciting way, gaining enjoyment from the sport.

Judo is an exciting and dynamic Olympic and Commonwealth Games sport demanding both physical strength and mental discipline. Judo was invented to improve balance, co-ordination and self-belief; qualities that are transferable to many life and sporting situations. Judo is a popular activity open exclusively to pupils at your school.

To experience Judo you need to have a go, so why not come and join school friends and be assured of a very warm welcome!

Martin Rance

Judo Teacher

BJA Black Belt, 5th Dan

E: procoachjudo@yahoo.co.uk



Lesson Times: Mondays, 7:45 - 8:30am
For Years 1-6 (*not reception*)
starting 25th April

Venue: Junior School Hall

Fees: Tuition only £ 67.00
Tuition with kit Hire £ 73.00
per pupil per term
Fees are due at the start of each term (3 terms per year)

Sign-up for Judo & Payment:

To sign-up for Judo please return a copy of the completed form below to ProCoach at:

procoachjudo@yahoo.co.uk

Please make an online payment to ProCoach with the following bank details:

Account Name: **ProCoach Judo**

Sort Code: **401846**

Account Number: **81413856**

Please include the payment reference:

HOOK <pupil name>

Note: your bank will only accept a limited number of characters so please create a reference of appropriate length

Club Joining Form

Pupils should email a copy of this slip to ProCoach (procoachjudo@yahoo.co.uk) prior to their first lesson, it confirms the pupil wishes to join the judo club. Fees are due at the start of each term, fees for newcomers are due following their trial lesson if they choose to join the club.

Please make online payment to ProCoach as detailed above. Prompt payment is very much appreciated.

Child's Name:

Parent/
Guardian signature:

A Judo kit must be worn for each lesson, pupils may either hire one from ProCoach or provide their own. Pupils must provide a half-terms notice in writing to withdraw from the Judo Club or pay half-term fees.

[] Tick this box if your child has any medical condition that your teacher should be made aware of, please provide detail on the reverse of this form.

ProCoach Judo

Tel: 01344 771 846

Email: procoachjudo@yahoo.co.uk

